



# children & families of iowa

## Positive Solutions For Families

### Parenting Workshops

These workshops are designed to provide parents of young children, with methods and strategies to promote positive behavior. Strategies in this workshop align with the PBIS curriculum that is being used in child care, preschools and schools in your community.

#### Session 1

##### Hope United Methodist Church

306 2<sup>nd</sup> Ave NW Pocahontas, IA 50574  
Downstairs (Sunday School Rooms)

**November 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>  
December 2<sup>nd</sup> & 9<sup>th</sup>**

**5:30 p.m. to 7:30 p.m.**

#### Session 2

##### Unity Point Health – Trinity

802 Kenyon Road, Fort Dodge  
Conference Room 1 & 2

**November 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>,  
December 3<sup>rd</sup> & 10<sup>th</sup>**

**5:30 p.m. to 7:30 p.m.**

#### Learn What Does Work:

- New methods to help your child follow directions.
- Effective ways to develop and teach household rules.
- Learn how to best foster your child's emotional & social skills.
- New strategies to cope with problem behaviors.
- The importance of building relationships with your child.



**LINKING FAMILIES  
AND COMMUNITIES**

Enroll in one of our **FREE** sessions today!

(You must attend all 6 sessions in a series)

**\*\* A light meal and childcare will be provided!**

For more information and to register, please return the form below to:

Children & Families of Iowa: 111 Ave O West Fort Dodge, IA 50501

Call 515-573-2193 or email: [kelsevc@cfiowa.org](mailto:kelsevc@cfiowa.org)

**ENROLL EARLY, LIMITED SPOTS AVAILABLE!**

Name: \_\_\_\_\_

City: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

# of Adults Attending: \_\_\_\_\_

List the ages of children for which you need child care: \_\_\_\_\_

Which session would you like to attend?

Session 1

Session 2